Fun Facts blog   
Days of the Week

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Days of the Week   
The days of the week have special names, but do you ever stop and wonder where they came from?   
This blog will explain all of that and more!

Days of the Week   
**Days Original Name Day Origin Story1 Day**

**Number   
Tuesday** Tiw’s Day Tiw was a Norse god known for his sense of

justice   
2

**Wednesday** Woden’s Day Woden or Odin was the most powerful   
Norse god

3

**Thursday** Thor’s Day Thor was a Norse god who wielded a giant   
hammer

4

**Friday** Frigg’s Day Frigg was a Norse god equal to Odin 5   
**Saturday** Seater’s day or Saturn’s

day   
Saturn was a Roman god 6

**Sunday** Sun’s day They named the last day of the week after   
the Sun

7

*Table 1-Days of the week history*

Facts about the Days of the Week   
The days of the week were named after Norse gods and giant objects in the sky. These names come   
to us originally from the Greeks and Romans, who named the days of the week after their gods. The   
Anglo-Saxons, who invaded Britain hundreds of years ago, adopted this idea but substituted their own   
gods. The English language has inherited and changed those names a bit, but the ones we use today   
resemble those names.

Facts about Saturday and Sunday   
It wasn't until the Industrial Revolution of the late 1800s that the concept of a two-day “weekend"   
began to take shape. At this time, large factories that produced consumer goods were beginning to   
transform the traditional farming economy into an industrial one.

*Figure 1-All the days*

1 This information provided by www.socialstudiesforkids.com

Weekdays  
• Monday  
• Tuesday  
• Wednesday  
• Thursday  
• Friday

Weekend!  
• Saturday  
• Sunday

Moaning about Mondays   
Monday is probably the most hated day of the week.   
Below is a list of some not so fun facts about   
Mondays and some fun to optimistic facts about   
Mondays. At least it most likely won’t rain that day!   
Also, to get over the Monday blues, people tend to do   
a lot of online shopping that day. Here are some   
interesting facts (positive and negative) about   
Mondays:

***1) Not so Fun Facts***a) The average person moans for 34

minutes on Monday   
b) Only day of the week when the U.S.

stock market is more likely to fall than   
rise

c) The average person does smile until   
11:16 a.m.

d) The song “I Don’t Like Mondays” refers   
to a shooting spree by someone that   
didn’t like Mondays

e) “Monday” is a term for a large, heavy   
sledgehammer

***2) Fun Facts***a) There were 53 Mondays in the year

2012. This will also happen in 2018   
b) Monday starts with an M and so does

Mike, so both are awesome   
c) People do online shopping more on

Mondays than any other day of the   
week

d) Monday is the only day of the week that   
is an anagram of a single word:   
“dynamo”

e) Monday is the least rainy day of the   
week

Which day of the week is the favorite?   
Based on a popular vote that was taken recently, it would appear that everyone’s favorite day of the   
week is Saturday! This might be because it is because it is right in the middle of the weekend. People   
who are very active tend to like Saturday’s the best out of all the days of the week. On the other hand,   
those who were less active in the study claimed to enjoy Sundays the most. Also, those who were the   
most industrious tended to enjoy Fridays the most because they could finish what they needed to at   
work, and then enjoy the weekend.

 SUNDAY: 10%   
 SATURDAY: 59%   
 FRIDAY: 27%

 THURSDAY: 3%   
 WEDNESDAY: 0.0000002%   
 TUESDAY: 0.0000001%

NOTE: The names of the days are based on the seven celestial bodies (the Sun, the Moon, Mars, Mercury,   
Jupiter, Venus, and Saturn), believed at that time to revolve around Earth and influence its events. Most   
of Western Europe adopted the Roman nomenclature. The Germanic languages substituted Germanic   
equivalents for the names of four of the Roman gods: Tiw, the god of war, replaced Mars; Woden, the god   
of wisdom, replaced Mercury; Thor, the god of thunder, replaced Jupiter; and Frigg, the goddess of love,   
replaced Venus.

*The seven-day week originated in ancient   
Mesopotamia and became part of the Roman   
calendar in C.E.321.*